



BOXMASTER[®]

Class Schedule Effective March 1, 2017

Limited Class Size - Please reserve your spot through the Fitness Desk at 662.349.0403

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:00 to
9:30 a.m.

4:30 to
5:00 p.m.

4:45 to
5:15 p.m.

5:00 to
5:30 p.m.

6:00 to
6:30 p.m.

